

# **Specialist Endovascular Services**

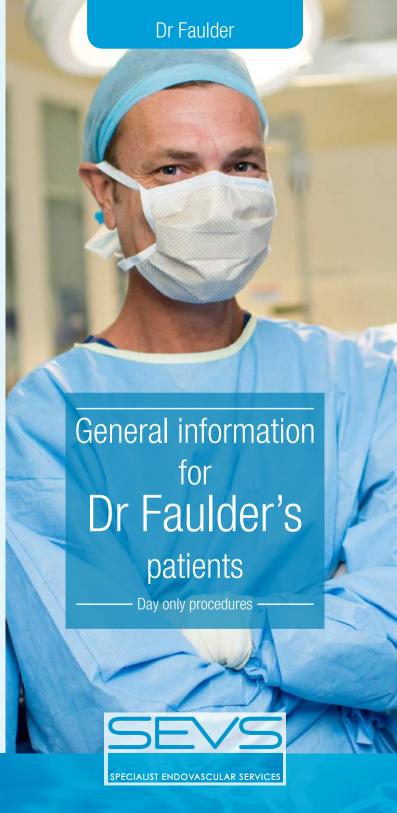
North Shore Medical Centre Suite 5, Level 5, 66-80 Pacific Hwy St Leonards NSW 2065

Westmead Specialist Centre
Suite 6, 16-18 Mons Road Westmead NSW 2145

P: 1300 553 339 F: (02) 8580 5208 E: admin@sevs.com.au

For more information visit sevs.com.au





Please read the following information carefully. It is designed to ensure that you prepare properly for an angiography procedure and that you are as comfortable as possible at all times.

### **Pre Procedure instructions:**

- Do not eat or drink anything after midnight prior to the morning of your procedure.
- Take regular medications including Aspirin, Plavix (Iscover) with a sip of water with the exception of the below:

Warfarin	Consult with Dr Faulder, you may need to take a substitute anti-coagulant medication. Do not stop taking Warfarin unless advised.
Metformin Diabex Diaformin Glucohexal Glucophage	This medication should ideally be stopped two days before the procedure and started again only after a blood test to confirm normal renal function.

- Please notify our staff if you have had a previous allergic reaction to contrast dye, or any other medication.
- Do not apply makeup or nail polish.
   Leave all jewellery and valuables at home.
- Wear loose comfortable clothing.
- Please arrange for an adult to accompany you home after the procedure and stay with you overnight.



### What to bring with you:

- 1. A list of your current medications.
- 2. All regular medications for the duration of your stay.
- 3. Health insurance details, Medicare card, Veteran affairs details if applicable.
- 4. Previous X-rays and pathology results.
- 5. Items to pass the time, such as reading material, knitting, crosswords etc.
- 6. Reading glasses.
- 7. A small overnight bag and toiletries.
- 8. Referral letters.

#### **Post Procedure instructions:**

#### **Discomfort:**

A small lump (<2cm) in your groin or mild tenderness and bruising at the incision site is normal.

The puncture site will be tender for a few days and bruising will go away after 2-3 weeks.

You may take anti-inflammatory medication and apply a warm compress for discomfort.

Mild headache can develop after the procedure.

Drink plenty of fluids, especially water over the next few days.

## **Activity:**

Do not drive for 2 days after the procedure or until discussed with your doctor.

Do not lift anything heavier than 5 kilos for 3 days.

You may return to light duties at work in 1 to 2 days unless otherwise instructed by your doctor.

More strenuous activity should be avoided for a week.

# **Follow Up:**

Generally the results of the procedure will be discussed with you on the day of the procedure.

A follow up appointment will be advised 2-6 weeks post procedure.

If you have any problems before then, do not hesitate to call.